



Touch With Oils® ... a language of no words

Touch With Oils® Hand Massage

Instructor: Candace Newman MAT LMT #MA0014389
3 CE hrs for NCBTMB Provider # 451025-09 & CE Broker Florida

This Aromatherapy hand massage treatment is based on the synergistic powers of touch and smell ... a universal language of compassion. Experience how Aromatherapy works through the nose-brain connection and skin absorption. This gentle rhythmic massage serves to balance the autonomic nervous system, promote lymphatic drainage, and give the body and mind a deep and quiet rest. This can be used as a stand alone treatment or incorporated into other massage modalities. You will observe the massage while following along with your handout, and then give and receive the full hand massage. The DVD of the treatment is available. Touch With Oils® ... a language of no words.

Date: Saturday, August 14, 2010

Time: 2 to 5pm *Please arrive 10 minutes early

**Place: Pagosa Mountain Hospital Conference Room
95 S. Pagosa Blvd, Pagosa Springs, CO 81147**

Fee: \$55.00 each ... includes class handouts, oils for class & OLA Blend

Bring: A soft pillow and towel for your lap

Register: Space limited. Register Visa or MC: info@Oil-Lady.com or 970.731.1589

Accommodations: The Springs Resort, Econo Lodge. Call for details. Come for the weekend and soak in the Hot Springs of Pagosa's healing waters.

*** Join us in the morning class from 9am to noon for "Self Care with Aromatherapy" too!**

***** See separate flyer.**



Candace Newman MAT, LMT... The Oil Lady® ... holds a Master of Arts in Teaching and is a Licensed Massage Therapist. Her Aromatherapy training and certificates are from Purdue University and leading Aromatherapists in Canada, England, France, and Germany. She is one of the authors of The World of Aromatherapy, and has contributed many articles to national and international publications. Two of her classes are now available on DVD. Candace is owner of Oil Lady Aromatherapy® and The Good Medicine Tin Company LLC with her husband, John; and she is founder of the Touch With Oils® Aromatherapy work. Candace writes a monthly newsletter and a series of Aromatherapy Guides for continuing education.